# Minutes of the Saskatoon Regional Women's Committee March 27, 2025

**Attendance**: Lisa Leuty 40340 UNE, Jodie Schafer 40802 CEIU, Laura Westman 40024 UVAE, Dawn Montgrant 40195 UNE, Shaina Ledoux 40803 CEIU, Evie Barnes 40818 CEIU, Chelsea Herman 40161

Meeting held by Zoom.

For meeting information contact Jacqueline Maurice 3062927037 mauricj@psac.com

**Meeting started 5:05pm**

**Land Acknowledgment and Harassment Statement**
Acknowledged

**Introductions**
Minutes will be emailed to the attendees following the meeting

**Adoption of previous minutes** - Minutes were sent out via email with the meeting invitation. Minutes from previous meeting on January 30, 2025 were adopted with no changes, by consensus.

**Review Agenda** No changes, motion to adopt made by Laura, seconded by Lisa

**Financial update - Laura** – not much has changed since last meeting. Two outstanding cheques that haven't been cashed. One has been found and will be cashed, and Dawn will follow up with Stepping Stones. We did have to cancel one cheque to Prairie Harm Reduction. As of Feb 28 2025, $907.71 in the bank with a $500 outstanding cheque to Stepping Stones, and $200 outstanding cheque to True North Aid.

**Highlights of Regional Women's Conference in Winnipeg** – Shaina and Jodie. Jodie showed new logo that was unveiled, and she has buttons and stickers she can distribute. Shaina – the networking and living library were highlights for her. Wonderful being able to adopt some great ideas from some of those women. Strongly recommends people going to a conference like that if possible. Jodie highlighted breakout groups from YWCA and YMCW as well as Nicole from Moontime Connections. Session on setting boundaries – need to look after yourself if you want to help other people. There was a panel on health care and how we should support health care in our community. She has more information that will be sent out with the minutes from this meeting. One of the speakers spoke about Indigenous medicine and medicinal plants. It would be nice to bring speakers who can bring content and items to our group not just community groups.
What kind of speakers would be like? Shaina - Taylor Gavin (the same speaker from the conference). Self-care speakers? Using humour to alleviate stress? Craftism? Guided meditation or yoga stretches for the workplace?

**Other Business** –
Sock and underwear drive for prairie harm reduction – Jodie's husband did up a great poster for people to share and post at their workplaces during the month of April. At the end of April, donations can be taken to the PSAC office.

Red dress day May 5th – Janette Husak would like to have a statement posted on the PSAC website and collaborate with our committee, Regina women's committee and with Sherri Hunt. Is anyone willing to work on a collaborative statement? Dawn is willing to put her name forward to work with Janette on a statement.
Regina is interested in collaborating on collecting red dresses – a subcommittee meeting to specifically discuss the red dress campaign on Monday, March 31st at 5:00pm and invite Janette. Jodie will liaise with Jackie to set it up.

WhatsApp group for members – do we want to set one up for this committee? Consensus is to set one up and people can opt in. Laura will set it up.

Next meeting – September 18th, 2025 **at 5pm.**

**Meeting Adjourned** at 5:55pm (moved by Jodie, seconded by Lisa)