

## **PRAIRIE REGION COURSE DESCRIPTIONS**

**The following courses are designed for specific groups of members. They will be offered on a less frequent basis and will usually include members from across the Prairie region.**

### **ALLIANCE FACILITATORS' TRAINING PROGRAM (AFTP)**

This five day, intensive program trains members to develop and deliver local, workplace-based education events. Participants will be introduced to the theory and practice of popular education as a tool of social change. We will explore the learning spiral, group dynamics, and the role of the facilitator in creating a positive and effective learning environment. Working with a variety of PSAC education materials, participants will have the opportunity to practice their facilitation skills in team facilitation exercises. At the end of the training course participants will be invited to begin the AF certification process which includes a series of observation, facilitation and course design opportunities taking place over a six month period. Prerequisites: The TUB (Talking Union Basics) course or equivalent experience.

### **NATIONAL ABORIGINAL PEOPLES' CIRCLE (NAPC) COURSE FOR ABORIGINAL, INUIT AND METIS MEMBERS**

The NAPC course is for Aboriginal, Inuit and Metis members who have had little or no exposure to their union and would like to learn more about it. During the course participants will learn more about the role of the union in advancing Aboriginal rights in the workplace, the union, and our communities. Participants will discuss decision-making in the PSAC, and find out how to become more active in their union through local, regional and national structures.

### **UNIONISM ON TURTLE ISLAND**

This course is for union members who want to learn more about Aboriginal issues. Participants will explore the history of oppression and resistance, Aboriginal issues at the bargaining table, creating a representative workforce, and supporting Aboriginal activists in the union. This course will provide a comfortable and supportive environment in which participants can explore their attitudes, ideas and questions. Participants will develop strategies to encourage solidarity and build the union. Prerequisites: The TUB (Talking Union Basics) course or equivalent experience; a

commitment to furthering your understanding of the issues facing Aboriginal workers and to working in solidarity with First Nations and Métis Sisters and Brothers.

### **WOMEN AT WORK**

More than 50% of PSAC members are women and the numbers of women in leadership positions are increasing every year. This course will help participants continue the momentum of building real equality in our Union. Participants will explore our herstory and understand the importance of a gender analysis in ensuring our collective agreements and our union structures reflect our principles and our goals. We will also develop strategies to advance women's issues and improve our union. **THIS COURSE IS OPEN TO PSAC WOMEN.** Prerequisites: The TUB (Talking Union Basics) course or equivalent experience; a commitment to advancing women's issues.

### **YOUNG WORKERS IN ACTION**

The Young Workers in Action course brings together young PSAC members from across the Prairie region. The goal of the course is to build a stronger union by encouraging and supporting young members. Course participants will increase their confidence, learn more about the PSAC, the labour movement and the social justice movement, and build on their leadership skills, including public speaking, effective communications, group building and outreach. We will also have a forum for participants to strategize about how to increase the involvement of young workers in their union. **THIS COURSE IS OPEN TO PSAC MEMBERS WHO ARE 30 AND UNDER.** It is strongly recommended that participants complete the Talking Union Basics (TUB) course beforehand.